WCPS PE Units of Work Overview for EYFS to Year 6 2025-2026



	Aut1	Aut2	Spr1	Spr2	Sum1	Sum2
FYS	Baseline assessment	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
	<u> </u>	Dynamic Balance to Agility	Dynamic Balance	Coordination	Coordination	Agility
Real PE	Real PE Unit 1	Jumping and Landing	On a Line	Ball Skills	Sending and Receiving	Ball Chasing
ndamental	Coordination	Static Balance	Static Balance	Counter Balance	Agility	Static Balance
					• .	
ovement Skills	Footwork	Seated	Stance	With a Partner	Reaction / Response	Floor Work
JNs	Static Balance					
	One Leg	<u>Dance</u>				<u>Athletics</u>
		Christmas Performance				Sports Day prep
L	Baseline assessment	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
		Dynamic Balance to Agility	Dynamic Balance	Coordination	Coordination	Agility
Real PE	Class games	Jumping and Landing	On a Line	Ball Skills	Sending and Receiving	Ball Chasing
ındamental	Parachute games	Static Balance	Static Balance	Counter Balance	Agility	Static Balance
ovement Skills	Up and over ball game – team game	Seated	Stance	With a Partner	Reaction / Response	Floor Work
Ns	Stuck in the mud				The state of the s	
7143	The PE Shed - PE Games – for ideas			<u>Class games</u>	Real Dance Unit 1	Athletics
	THE PE SHEW PE Games — Tor Ideas	Dool Com Unit 1	Pool Com Unit 2	Parachute games	Artistry	
	Real PE Unit 1	Real Gym Unit 1	Real Gym Unit 2	_		Sports Day prep
	Coordination	Shape	Flight	Up and over ball game – team game	Partnering	
	Footwork	Travel	Rotation	Stuck in the mud	Circles	
	Static Balance			<u>The PE Shed - PE Games</u> – for ideas	Shapes	
	One Leg					
2	Baseline assessment	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
		Dynamic Balance to Agility	Dynamic Balance	Coordination Ball skills	Coordination Sending & Receiving with	Agility
Real PE	Class games	Jumping & landing	On a line	Counter Balance	equipment	Ball Chasing
ndamental	Parachute games	Static Balance	Static Balance Stance / Small Base	With partner	Agility	Static Balance
ovement Skills	Up and over ball game – team game	Seated			Reaction / Response	Floor Work
JNs	Stuck in the mud		Real Gym Unit 2	<u>Dance</u>		
	The PE Shed - PE Games – for ideas	Real Gym Unit 1	Flight	Prep for Yr 2 performance	Real Dance Unit 1	Athletics
		Balance	Rotation		Shapes Solo	Sports Day prep
	Real PE Unit 1	Travel			Partnering Shapes	Special 20, prop
	Coordination Floor Movement Patterns	Travel			Circles Solo	
	/ Footwork				Partnering Circles	
	Static Balance				9	
	One Leg				Artistry Abstraction	
					Artistry (Making)	
3	Baseline assessment	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
		Dynamic Balance to Agility	Balance	Coordination	Agility	Agility
Real PE	Class games	Jumping and landing	On a line	Sending & Receiving	Reaction / response	Ball Chasing
ındamental	Bull dog	Static Balance	Coordination	Counter- Balance	Static Balance	Static Balance
lovement Skills	Tag rugby	Seated	Ball Skills	With a partner	Floor work	Stance
JNs	<u>The PE Shed - PE Games</u> – for ideas					
		Real Gym Unit 1	Real Gym Unit 2	Class games	Real Dance Unit 1	<u>Athletics</u>
	Real PE Unit 1	Mapping Pathways (Hand Apparatus)	Flight Sequences (Low Apparatus)	Bull dog	Shapes	Sports day
	Coordination	Rotation Sequences (Partner Work)	Climbing Sequences (Low and Large	Tag rugby	Circles	,
	Footwork		Apparatus)	The PE Shed - PE Games – for ideas	Solo / Partnering Shapes	
	Static Balance		/ ippuratus/	THE PERIOD TE Gallies - TOT INEAS	Solo / Partnering Snapes Solo / Partnering Circles	
	One Leg				Artistry Abstraction	
					,	
					Artistry (Making)	
1	Baseline assessment	Real PE Unit 2	Real PE Unit 3	Real PE Unit 4	Real PE Unit 5	Real PE Unit 6
		Dynamic Balance to agility	Dynamic Balance	Coordination	Agility	Agility
Real PE	Real PE Unit 1	Jumping / landing	On a Line	Sending & Receiving	Reaction / Response	Ball Chasing
undamental	Coordination	Static Balance	Coordination	Counter Balance	Static Balance	Static Balance
lovement Skills	Footwork	Seated	Ball Skills	With a partner	Floor Work	Stance
JNs	Static Balance			Class games		
	One Leg	Real Gym Unit 1	Real Gym Unit 2	Bull dog	Real Dance Unit 1	Athletics
	Class games	Acrobatic Sequences	Flight Sequences (with ropes)	Tag rugby	Shapes	Sports day preparation
	Bull dog	Rotation Sequences (partner work)	Group sequences	1451450)	Circles	Sports day preparation
		POLICIO SECUEDICES IDALIDEI WORKI	COLORD SECUREDIES		L L DOUBS	

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	Tag rugby The PE Shed - PE Games – for ideas		(Low and Large Apparatus)	The PE Shed - PE Games – for ideas	Solo / Partner work Partnering (Lifts) Partnering Circles Artistry (Making)	
	Aut1	Aut2	Spr1	Spr2	Sum1	Sum2
Real PE fundamental Movement Skills FUNS	Real PE Unit 1 Coordination (ball skills) Agility (Reaction and response) Game – Endball Class games Bench ball Dodge ball Bench tag The PE Shed - PE Games – for ideas Games Football	Real Gym Unit 1 Rhythmic Sequences Bench Sequences Games Tag Rugby	Real PE Unit 2 Static Balance Seated/floor work Game - Steal the Treasure Games Netball	Real PE Unit 4 Dynamic Balance to Agility Static Balance Game – Scorpion Handball Games Hockeyl	Real Dance Unit 1 Solo Shapes Artistry Abstraction Artistry Musicality Partnering (Lifts) Artistry (Making) Games Swimming	Games Athletics Games Swimming
*Real PE Fundamental Movement Skills FUNs	Baseline assessment Real PE Unit 1 Coordination (ball skills) Agility (Reaction and response) Game – Tag Netball Class games Bench ball Dodge ball Bench tag The PE Shed - PE Games – for ideas Games Football	Real PE Unit 2 Static Balance Seated/floor work Game – River crossing Games Rugby	Real PE Unit 3 Dynamic Balance Counter balance Game – Dodgeball Games Swimming	Real Dance Unit 1 Solo Shapes Artistry Abstraction Artistry Musicality Partnering (Lifts) Artistry (Making) Games Swimming	Games Cricket	Games Athletics