

# Week 1 Autumn Term 2025/26

Weeks commencing: 8<sup>th</sup> Sept, 29<sup>th</sup> Sept, 20<sup>th</sup> Oct, 10<sup>th</sup> Nov, 1<sup>st</sup> Dec

WYMONDHAM  
COLLEGE  
PREP SCHOOL



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot option 1	Grilled chicken strips with sweet & sour sauce & Steamed rice	American Beef burger with cheese in a bun & Fries	Norfolk Pork Sausage with Yorkshire pudding Classic Mash Potatoes & Gravy	Tray Bake Pepperoni Pizza	Fish Fingers and thin cut Chips
Hot option 2	Vegan Nuggets with sweet & sour sauce & Steamed rice	Classic Veggie Burger with cheese in a bun & Fries	Veggie Sausage with Yorkshire pudding Classic Mash Potatoes & Gravy	Tray Bake Margherita Pizza	Veggie Fingers with thin cut chips
Hot option 3	Wholegrain Tomato and Herb pasta	Tortilla wraps with Egg or cheese	Macaroni & Cheese	Whole grain Pasta tossed with Basil tomato sauce	Cheesy Pasta
Jacket potato	Jacket Potato with Cheese (or) Baked Beans	Jacket Potato with Tuna Mayo (or) Baked Beans	Jacket Potato with Cheese (or) Baked Beans	Jacket Potato with Tuna Mayo (or) Baked Beans	Jacket Potato with Cheese (or) Baked Beans
Served with	Steamed Carrots & Sweet corn Kernels	Mixed vegetables	Steamed Green peas & carrots	Green beans & Coleslaw	Baked beans & Peas
Pudding	Apple Crumble with custard	Fruit Salad	Sultana Sponge with custard	Selection of Fruit jelly	Chocolate Crunch Cookies

# Week 2 Autumn Term 2025/26

Weeks commencing: 15<sup>th</sup> Sept, 6<sup>th</sup> Oct, 27<sup>th</sup> Oct, 17<sup>th</sup> Nov, 8<sup>th</sup> Dec

WYMONDHAM  
COLLEGE  
PREP SCHOOL



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot option 1	Pork & Beef Meatballs in tomato sauce with wholegrain pasta	Traditional Cottage pie	Roast chicken with roast potato & gravy	Homemade Beef Lasagne with mixed leaves salad	Chicken Nuggets & thin cut Chips
Hot option 2	Meat free Meatballs in tomato sauce with wholegrain pasta	Mixed vegetable pie	Quorn Fillet with roast potatoes & Gravy	Homemade veggie Lasagne with mixed leaves salad	Veggie Nuggets with thin cut chips
Hot option 3	Tortilla wraps with Egg or cheese	Wholegrain Tomato and Herb pasta	Macaroni & Cheese	Whole grain Pasta tossed with Basil tomato sauce	Cheesy Pasta
Jacket potato	Jacket Potato with Cheese (or) Baked Beans	Jacket Potato with Tuna Mayo (or) Baked Beans	Jacket Potato with Cheese (or) Baked Beans	Jacket Potato with Tuna Mayo (or) Baked Beans	Jacket Potato with Cheese (or) Baked Beans
Served with	Steamed Carrots & Sweet corn Kernels	Mixed vegetables	Steamed Green peas & carrots	Green beans & Coleslaw	Baked beans & Peas
Pudding	Apple & Raspberry Crumble with custard	Honeydew Melon slices	Chocolate sponge with custard	Strawberry Jelly	Oat & Sultana Cookies
Fruits	Selection of Fresh fruits & Fruit Salads for reception				

# Week 3 Autumn Term 2025/26

Weeks commencing: 22<sup>nd</sup> Sept, 13<sup>th</sup> Oct, 3<sup>rd</sup> Nov, 24<sup>th</sup> Nov, 15<sup>th</sup> Dec

WYMONDHAM  
COLLEGE  
PREP SCHOOL



	Monday	Tuesday	Wednesday	Thursday	Friday
Hot option 1	Roast Gammon with Oven baked sauteed potatoes & Gravy	Spaghetti Beef Bolognaise	Butter chicken Khorma with steamed rice	Tray Bake Pepperoni Pizza	Fish Fingers and thin cut Chips
Hot option 2	Quorn Fillet with Oven baked sauteed potatoes & Gravy	Spaghetti Veggie Bolognaise	Mixed vegetable Khorma with steamed rice	Tray Bake Margherita Pizza	Veggie Fingers with thin cut chips
Hot option 3	Wholegrain Tomato and Herb pasta	Tortilla wraps with Egg or cheese	Macaroni & Cheese	Whole grain Pasta tossed with Basil tomato sauce	Cheesy Pasta
Jacket potato	Jacket Potato with Cheese (or) Baked Beans	Jacket Potato with Tuna Mayo (or) Baked Beans	Jacket Potato with Cheese (or) Baked Beans	Jacket Potato with Tuna Mayo (or) Baked Beans	Jacket Potato with Cheese (or) Baked Beans
Served with	Steamed Carrots & Sweet corn Kernels	Mixed vegetables	Steamed Green peas & carrots	Green beans & Coleslaw	Baked beans & Peas
Pudding	Peach and pear Crumble with custard	Watermelon slices	Jam sponge with Custard	Mixed fruit Flapjacks	Shortbread Cookies
Fruits	Selection of Fresh fruits & Fruit Salads for reception				